


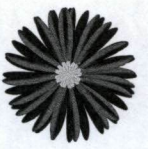



CRSMA SENIOR DINERS' CLUB

APRIL 2018

MONDAY 2, 2018 3oz. BBQ Ribs 4oz. Potato Wedges 4oz. Baked Beans 1 Dinner Roll w/ 1tsp. Margarine 4oz. Fruit Yogurt	TUESDAY 3, 2018 2-1 1/2 oz. ea. Beef Tacos 4 oz. Lettuce / Tomato /Cheese 4 oz. Pinto Beans 4 oz. Spanish Rice 1 Brownie	WEDNESDAY 4, 2018 1 Chicken Salad Sandwich 2 oz. Lettuce/Tomato 4oz. Veggie Salad 1 Baked Chips 4oz. Strawberries/ Peaches	THURSDAY 5, 2018 3oz. Sloppy Joe on Bun 3oz. Tater Tots 4oz. Green Beans 1 Sl. Peach Dump Cake	FRIDAY 6, 2018 1 Green Chile Smothered Burrito 4oz. Tortilla Chips w/ Salsa 4oz. Pinto Beans 4oz. Salad w/ 2T Low Fat Dressing 4oz. Spiced Fruit
MONDAY 9, 2018 4oz. Country Fried Steak 4oz. Mashed Potatoes w/ Gravy 4oz. California Vegetable 1 Dinner Roll w/ 1tsp. Margarine 1 Cookie	TUESDAY 10, 2018 1 Red Chile Beef Enchiladas 4oz. Pinto Beans 4oz. Salad w/ 2T Low Fat Dressing 4oz. Chip w/ 2oz. Salsa 4oz. Cake w/Topping	WEDNESDAY 11, 2018 3oz. BBQ Chicken 4oz. Macaroni & Cheese 4oz. Bqg Beans 1 Dinner Roll w/ 1tsp. Margarine 4oz. Cobbler	THURSDAY 12, 2018 6 oz. Frito Pie 2 oz. Lettuce/ 2 oz. Tomato 1 oz. Onion/ .25 oz. Cheese 4 oz. Vegetables 4oz. Pudding	FRIDAY 13, 2018 1sq. Beef Lasagna 4oz. Green Beans 4oz. Salad w/ 2T Low Fat Dressing 1 Garlic Dinner Roll w/ 1tsp. Margarine 1Sl. Cheesecake
 MONDAY 16, 2018 1 Green Chile Cheeseburger 1oz. Lettuce, Tomato & Onions 4oz. Curly Fries 4oz. Baked Beans 4 oz. Ice Cream	TUESDAY 17, 2018 1 French Dip Sandwich 4oz. Salad w/ 2T Low Fat Dressing 1 Baked Potato 2oz. Pickles & Onions 1Sq. Pineapple Orange Delight 	 WEDNESDAY 18, 2018 3oz. Country Ham 4oz. Scalloped Potatoes 4oz. Broccoli 1Sl. Cornbread 4oz. J-ello w/ Fruit	THURSDAY 19, 2018 1 Chile Relleno 4oz. Pinto Beans 4oz. Salad w/ 2T Low Fat Dressing 4oz. Chip w/ 2oz. Salsa 1 Cookie 	 FRIDAY 20, 2018 6 oz. Rigatoni w/ Meatball Sauce 4oz. Green Beans 1 Garlic Dinner Roll w/ 1tsp. Margarine 4oz. Salad w/ 2T Low Fat Dressing 1 Rice Krispie Treat

MONDAY 23, 2018 1 Taco Salad w/ Toppings 4oz. Pinto Beans 4oz. Green Chile Cream Corn 4oz. Cake w/Topping 	TUESDAY 24, 2018 4oz. Meatloaf 4oz. Mashed Potatoes 4oz. Diced Carrots 1 Dinner Roll w/ 1tsp. Margarine 4oz. Oreo Pudding <p style="text-align: center;">MAY</p>	WEDNESDAY 25, 2018 1 Chicken Fajita 4 oz. Spanish Rice 4oz. Chip w/ 2oz. Salsa 4oz. Salad w/ 2T Low Fat Dressing 4oz. Brownie <p style="text-align: center;">MAY</p>	THURSDAY 26, 2018 6oz. Vegetable Beef Soup 4oz. Salad w/ 2T Low Fat Dressing 1/2 Hero Sandwich 1 sl. Pineapple Upside Down Cake <p style="text-align: center;">MAY</p>	FRIDAY 27, 2018 3oz. Pork Loin w/ Gravy 4oz. White Rice 3oz. Black Eye Peas 1 Cornbread 4oz. Fresh Fruit <p style="text-align: center;">MAY</p>
MONDAY 30, 2018 3 oz. Chicken Strips 4oz. Mashed Potatoes w/ Gravy 4oz. Salad w/ 2T Low Fat Dressing 1 Dinner Roll w/ 1tsp. Margarine 4 oz. Mandarin Oranges	TUESDAY 1, 2018 1 French Dip Sandwich 4oz. Salad w/ 2T Low Fat Dressing 1 Baked Potato 2oz. Pickles & Onions 4oz. Plum w/ 2oz. Whipped Topping	WEDNESDAY 2, 2018 1 Chili Cheese Hot Dog 1oz. Onions 4 oz. Waffle Fries 4 oz. Coleslaw 1 Cookie	THURSDAY 3, 2018 4oz. Country Fried Steak 4oz. Mashed Potatoes w/ Gravy 4oz. California Vegetable 1 Dinner Roll w/ 1tsp. Margarine 1 Ice Cream	FRIDAY 4, 2018 1 Chicken Enchilada Bake 4oz. Green Chile Cream Corn 4oz. Chip w/ 2oz. Salsa 4oz. Pinto Beans 4oz. Cinnamon Pears

GUEST UNDER 60 YEARS OF AGE
\$6.00 COST PER PLATE (NO SALAD BAR)
\$7.00 COST PER PLATE + SALAD BAR

8oz. 2% Milk
 Served with all meals

FOR PARTICIPANTS 60 YEARS AND OVER SUGGESTED \$3.00 DONATION PER PLATE.

Board Meeting
April 11, 2018

Time: 1:30 p.m.
Location: CRSMA
EVERYONE IS WELCOME.

Curry Resident Senior Meals

Association
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